

Mental Illness in Children

IDENTIFYING THE WARNING SIGNS

Mental Illness can occur at any age, even during childhood. To help detect mental illness early, look out for these signs:



DIFFICULTY CONCENTRATING

Your child shows difficulty concentrating or display hyperactive behaviour



BEHAVIOR CHANGES

Your child shows ill-tempered behavior, along with fighting, acting out, self-harm or harming others.



DRASTIC WEIGHT CHANGES

If your child's weight fluctuates between extremes, that could indicate mental illness, along with overeating, loss of appetite, vomiting.



INTENSE EMOTIONS

Your child exhibits constant fearfulness or anxiety from an unknown source, Feelings of worry and anger are also indicators of mental illness.



PHYSICAL SYMPTOMS

Chronic aches and fatigue problems at an early age without any known history of illness can mean a underlying mental illness

