



CHAITANYA

Chaitanya Institute for Mental Health, Nepal

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Employment Position of Psychologist

Chaitanya Institute for Mental Health initiated its work in the field of psychosocial rehabilitation to address the mental health challenges in Nepal. Chaitanya's goal is to reintegrate the chronic mentally ill persons back into their families and society. It believes in compassionate care towards the physical and mental well-being of individuals in a therapeutic relationship of trust.

Chaitanya Institute for Mental Health is a leading institution to provide adequate human resources, promote quality mental health care services across the country, increase public awareness of mental health issues and contribute to policy making. It has extensively reached out to, and worked with, various communities; institutions (academic, governmental bodies and non-governmental organizations), and carried out vigorous community outreach programs.

Roles and Responsibilities of the Psychologist

- Provide effective individual, family, and group psychotherapy
- Determine realistic goals for psychotherapy
- Perform psycho-diagnostic evaluations
- Design Long term and Short-term individual plans and re-evaluate the plans using a variety of treatments.
- Offer psychosocial care to patients referred to Chaitanya, either through referrals from various consultants or independent referral.
- Counsel individuals and groups regarding problems such as stress, substance abuse, various psychiatric disorders and family situations, to modify behavior and/or to improve personal, social, and vocational adjustment.
- Develop and implement individual treatment plans, specifying type, frequency, intensity, and duration of therapy.
- Evaluate the effectiveness of counseling or treatments, and the accuracy and completeness of diagnosis, then modify plans and diagnosis as necessary.
- Identify psychological, emotional, or behavioral issues, and diagnose disorders, using information obtained from interviews, tests, records, and reference materials.
- Interact with clients to assist them in gaining insight, defining goals, and planning action to achieve effective personal, social, educational, and vocational development and adjustment.
- Observe individuals at play, in group interactions, or in other contexts to detect indications of mental deficiency, abnormal behavior, or maladjustment.
- Obtain and study medical, psychological, social, and family histories, by interviewing individuals, couples, or families, and by reviewing records.
- Provide occupational, educational, and other information to individuals so that they can make educational and vocational plans.

- Select, administer, score, and interpret psychological tests to obtain information on individuals' intelligence, achievements, interests, and personalities.
- Utilize a variety of treatment methods such as psychotherapy, hypnosis, behavior modification, stress reduction therapy, psychodrama, and play therapy.
- Maintain current knowledge of relevant research.
- Advise or inform guardians, relatives, or significant others of patients' conditions or treatment.
- Explain test results to patients or family members.
- Review and evaluate treatment procedures and outcomes of other psychologist, psychiatrists or medical professionals.
- Prepare official health documents or records or any reports on clients, and maintain required paperwork
- Provide team consultation

Qualification and Experience: Master's degree, MPhil, or doctoral degree in Clinical Psychology or related field and have an in-depth knowledge and experience in individual, group, and family psychology.

Demonstrated skill in supervision of clinical staff and trainees. Candidates with experience in the field of psychiatric counseling, rehabilitation homes, old age homes or child care homes are encouraged to apply. Fresh graduates are encouraged to apply.

To know more about Chaitanya Institute for Mental Health visit www.chaitanyarehabnepal.com.

If interested, please share your updated CV with a cover letter explaining why you consider yourself suitable for this Email: chaitanyarehabnepal@gmail.com or info@chaitanyarehabnepal.com

Women candidates are encouraged to apply.